



Systems Review

Patient Name: _____

Today's Date: ____ / ____ / ____

Current Primary Care Physician (First & Last Name): _____

Reason for office visit: _____

General

- Do you feel well in general? Yes No
- Is your weight stable? Yes No
- Are you sleeping well? Yes No
- Are you experiencing any:
- Fatigue Yes No
- Fever/Chills Yes No
- Night Sweats Yes No
- Easy bleeding/bruising Yes No
- Food allergies/Seasonal allergies Yes No
- Cold/heat intolerance Yes No

Ear/Eye

- Ear pain Yes No
- Hearing loss Yes No
- Visual changes Yes No
- Sinus problem Yes No

Heart/Lung

Describe any exercise: _____

- Shortness of breath with exercise Yes No
- Coughing/Wheezing Yes No
- Chest pain or discomfort with exercise? Yes No
- Lower Extremity Swelling Yes No
- Palpitations Yes No

Gastrointestinal

- Abdominal pain Yes No
- Constipation Yes No
- Diarrhea Yes No
- Loss of appetite Yes No
- Nausea/vomiting Yes No

Colonoscopy (Date): ____ / ____ / ____

Urinary Symptoms

- Dysuria (painful urination) Yes No
- Hematuria (blood in urine) Yes No
- Yeast infection Yes No

Nervous System

- Dizziness Yes No
- Extremity numbness/weakness Yes No
- Headaches Yes No
- Memory loss Yes No
- Seizures/Tremors Yes No
- Anxiety Yes No
- Depression Yes No

Skin

- Hair changes /hair loss Yes No
- Hives Yes No
- Rash Yes No

Musculoskeletal

- Back/Neck pain Yes No
- Joint pain Yes No
- Muscle weakness Yes No



If you are a Man:

Date of your last prostate exam: ___ / ___ / ___

Erectile dysfunction Yes No

Name of Urologist: _____

If you are a Woman:

Last menstrual period: ___ / ___ / ___

Last GYN exam: ___ / ___ / ___

Last mammogram: ___ / ___ / ___

Last bone density test: ___ / ___ / ___

Result: _____

Name of Gynecologist: _____

Have you ever used Tobacco:

Current Former Never

Ever tried to quit Yes No Age quit: _____

IF YOU ARE DIABETIC:

Are you experiencing low blood sugars? Yes No

If yes, how many times per week? _____

How often do you check your blood sugar? _____

Type of Meter _____

Have you had a recent eye exam? Yes No

Date of eye exam: ___ / ___ / ___

Eyes dilated Yes No

Name of eye doctor: _____

Eye Diagnosis: _____

Are there any updates in your family history (close relatives)?

If this is a follow up visit, have you had any hospitalization, accident or illness since your last visit? Yes No

If yes _____

Prescription refills needed (list):

Preferred Pharmacy and phone number:

Are there any problems you would like to discuss?
